

Corporate Message

Happy New Year and Gung Hay Fat Choy!



Weekdays closed. Open on Saturdays and online 24/7 available for order. Make appointment now for Thyroid herbal treatment. Tel: +65 6223 8622

Quarter's Pick 

HG T18 Website Valued Offer:

Click Singapore Offer button: Ezyhealth January Magazine, Asia - Singapore CNY promo valid till Feb 14, 2010. Enter promo code: SGDPROMO to enjoy limited time offer.



Health Updates

Do It Yourself - Thyroid Check at home



Dr. Chow Sin Ming, Clinical oncologist, the modern therapy has reached a satisfactory level that the reoccurrence of thyroid cancer has been greatly reduced. Younger and senior group of patients has a rather lower incidence of diseases, however, reoccurrence risk and control disease difficulty is higher compared to middle-aged group.

Dr. Chow suggests we should DIY check at home. "Facing the mirror, lift up neck a bit, swallow, and observe whether there is unusual vicinity protrusions that move up and down with the trachea in the larynx. Such protruding sign maybe thyroid tumour, only 1% develops thyroid cancer."

Telfon chemicals linked to thyroid disease?



Environmental Working Group (EWG) is focusing attention on a new study* that has found that perfluorooctanoic acid (PFOA), a chemical used to make Teflon, food wrappers and other products, fabrics, carpets may be harmful to the immune system, liver and thyroid and cause raise cholesterol levels in children. In addition, the study found that "thyroid function was clearly affected in PFOA-exposed people..."

Australian toxicology professor Chris Winder said the study had raised "another flag" about man-made chemicals now suspected of having a cumulative and toxic effect on the body. Source: 2008 WVU School of Medicine journal Environmental Health Perspectives. * The study, which looked at 69,000 people in West Virginia and Ohio who live near a DuPont manufacturing plant where the chemical is used. "Thyroid disease is fairly common and a small increase may not be significant". Prof. Winder said.

Health Knowledge

Urinelle – A Real Improved Hygiene Solution for Women ★★★★★

100% natural and biodegradable

The urination funnel for women

Urinelle enables women to urinate in standing position. The Urinelle is being sold in 18 countries on six continents!

-  Handy
-  Safe for optimal hygiene
-  Discrete
-  Easily in use




"Research shows that women hardly ever sit on a public toilet seat, preferring to hover or even perch," said Orde Levinson, who has developed several 'urology solutions' products for women.

Urinelle: Hygiene for Women is an innovative yet simple solution for all women in today's fast paced times. A portable urinating device designed specifically for women for those times of inconvenience. For instance, no toilet facilities or NO CLEAN toilet facilities, out camping, an outdoors concert festival, beach, or even during your wedding banquet with gown, in fact anywhere where the need to go to the toilet quickly and hygienically can be of use. Urinelle can be for a 3-year old boy under toilet training as well. It can also have a medical use, for cases of women with arthritis or mobility-impaired women. Some laboratories have applied this handy device in the west, for clients to collect urine sample.

Tested & Safe: Urinelle is hydrophobic during use. The cone is made of a material that repels water and does not wet your hands. Manufactured under strict bacteriological control and - if required- sterilised in its packing (medical purpose).

For local distribution, email to: info@health-guard.net

7 pcs per package: 6½ x 4 x 1/8"; weight 1oz. Now available with Conrad Health-Guard. For more enquiries, please email qna@health-guard.net.

Health Trend

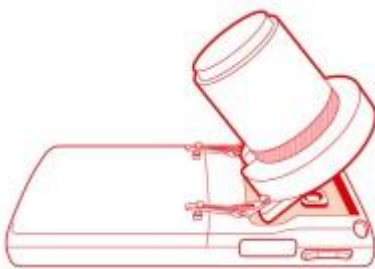
Intel Health Guide Brings Virtual Doctor Visits to the Mainstream



The Future of Health Care is Social - The Intel Health Guide shown on left, launched in the U.S. since 2008, is a simple white box with a screen that includes a video camera for doctor-patient communications, on screen reminders for scheduled sessions, and connectivity for a variety of vital sign monitoring machines. How benefit from this remote health monitoring? A patient with a chronic health condition, for example, might be able to avoid constant doctor visits if they remain vigilant about using their Health Guide-attached vital sign monitoring machines. Intel and GE recently announced a \$250 million partnership to develop health care and IT technology. Soon enough, virtual doctor visits will become commonplace.

Source: Fast Company by Ariel Schwartz 2009

Cell Phone-Powered Labs Could Transform Medical Diagnostics in Developing World



Medical diagnostic equipment is expensive in rural clinics. For instance, to determine HIV+ patients for antiretroviral treatment in Africa, cost around US\$20k through CD4-count machines. UCLA professor Aydogan Ozcan developed a fledgling technology called LUCAS, the hologram-based system uses equipment small enough to attach to mobile phones (see diagram left). When a health worker captures and sends in an image of a blood sample, social venture FrontlineSMS:Medic's software compares it to a global database and returns a diagnosis within minutes, all for the cost of two multimedia messages. The system handles blood-borne microbial ailments like malaria but eventually could tackle more-complex diagnostics such as CD4 counts.

Source: Fast Co. Feb 2010

Corporate News



PSP Essence | PSP Regular

Coriolus Versicolor PSP 雲芝糖肽膠囊 (保健裝/精華裝)
Double Blind Clinical Test done and proven effective.
1982 invented and patented.

Function:

100% Water-soluble Coriolus Versicolor extracts in Vcaps. Best Functional food for Liver and Spleen, immunity booster, improve appetite, sleeping quality, as well as the general quality of life. Cancer prevention, block malignant cell growth, and complement treatment during/after radiotherapy and chemotherapy.

Travel pack:
S\$16/box

Events

Future of Health Care Is Social: Using networked devices more and shifting online to help monitor thyroid health.



Join membership

Name: _____
 Address: _____
 Country: _____
 Gender: _____
 Tel: _____
 Email: _____
 Birthday: _____
 Occupation: _____
 Got thyroid problem? _____

Thank you



(In alphabetical order) To:

Mdm Foo

Thank you for your support!

Your Feedback

Note: After fill in member form and feedback, please fax to +65 6223 8621 or email us to qna@health-guard.net. Thank you very much.