

## Corporate Message

Help fight against H1N1. With more diseases and influenza outbreak these days, each and every one of us plays a major role in taking extra precautions and prevention from these health problems.

May we live in the Pinkest of Health & Longevity!

## Quarter's Pick

**HG T18 Complimentary Gift:**  
Buy 2 treatments at standard value, get 2 bottles Ginseng capsules **FREE**.

**Ginseng is good for Immunity.**



## Health Updates

### Chinese Herbs: Treating Infections

Modern medicines of antibiotic have existed for less than 100 years yet it managed to become the most popular treatment to any infections. However overuse and inappropriate used of it could cause a major widespread of problems.

Whereas the use of Chinese herbs as Traditional Chinese Medicines (TCM) existed over 2000 years. TCM has now been modernized into forms of capsules and tablets instead of powder or boiled soup. More findings and research are done to find more herbs are used for treatment as it has better impact naturally, no side effect and can treat almost all infectious diseases, including the **Coriolus Versicolor (Yunzhi) PSP**.

Shared Cold and Flu Formula: Forsythia, Honeysuckle, Platycodon, Mint, Bamboo Leaf, Licorice, Schizonepeta, Soy Bean, Arctium. (Consult your TCM practitioner first).

#### May 19, 2009 Headline Daily news

**Hong Kong:** The Health Authority announced after meeting that TCM and practitioners as one of the front-line primary health care supports to assist in the fight against H1N1.



### Swine? H1N1 Flu Virus

The symptoms of this new H1N1 flu virus in people are similar to the symptoms of seasonal flu. The additional symptoms are only diarrhoea and vomiting. According to the WHO, on May 19, 2009 40 countries now have officially reported 8,829 cases of influenza A (H1N1).

Health authorities alerted us to monitor health and stay on alert if any flu symptoms affected anyone of us. It is best to report immediately to the doctors if we feel unusually unwell.

#### Precautions Health Protection:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people. Stay home if you are sick for 7 days after your symptoms begin or until you have been symptom-free for 24 hours, whichever is longer. This is to keep from infecting others and spreading the virus further.

For more information on latest news and strategy about H1N1, visit WHO website: <http://www.who.int/en/>

## Health Knowledge

### Coriolus Versicolor PSP - Proven track record

#### Coriolus Versicolor PSP 雲芝糖肽膠囊 (保健裝/精華裝)

##### Function:

Complement treatments of serious illness, e.g. chemotherapy and radiotherapy  
Enhance immune function of the body in general. Improve appetite, sleeping quality, as well as the general quality of life for patients.  
Alleviate side effects of treatments caused by chemotherapy and radiotherapy  
Improve symptoms of weakness, tiredness, poor appetite, pain, anxiety, nausea, vomiting, spontaneous and night sweat etc.

##### Usage:

3 capsules each time, 3 times daily after treatment. For wellness, 1 capsule each time, 3 times daily.

**雲芝糖肽精華:** 增強免疫力, 能有效輔助癌症病人的外科手術、電療、化療等各類治療, 加強治療效果, 並減低副作用。增強食慾, 幫助睡眠, 整體改善病人在患病及治療期間的生活質量。經嚴格臨床測試, 三次國際會議專題討論。除內地重點大學作深入研究外, 香港大學, 中文大學, 理工大學, 及美國, 英國, 台灣, 南韓及日本等專科院學專家亦加入並發表論文。有效成份是純雲芝菌絲體提取的精華, 嚴格按 GMP 程序, 藥品面市近 20 年, 有效及絕無副作用, 是最成熟的增強免疫力劑。

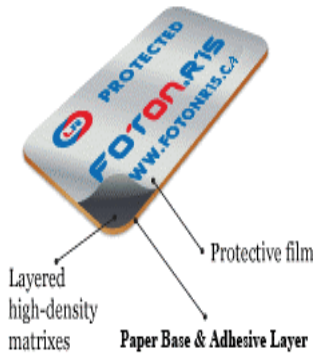


PSP Essence

PSP Regular

## Health Trend

### Health Protection – Foton R15

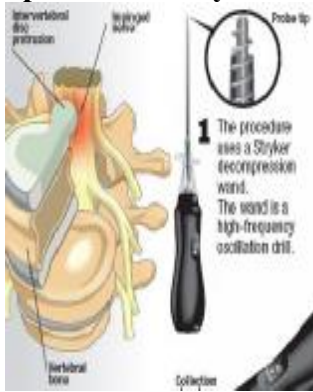


Foton R15 is known for its revolutionary in its neutralizing effect on harmful cell phone. It can be attached to any electronic device and neutralizes their harmful effect on health. Research conducted by Dr. V. A. Nekrasov, demonstrated that non-electromagnetic fields are produced by electronic devices and has been proven that these fields have a measurable and direct impact on human health and well-being. It affects human immune, cardiovascular, and endocrine systems; to metabolism, brain function (memory and concentration), and fatal development; and increase the risk of developing diseases such as cancer, pneumonia, and Crohn's disease.

Anyone uses cell or cordless phones, laptop or desktop computers, or iPods and MP3 players, should get the protection that works for health precautions.

Source: DAWSON CREEK, British Columbia, dated Jan 15, 2009

### Spine Pain- Stryker Decompression Wand



Backache and spine problems are common but yet for some, it can be such an everlasting pain. Some maybe due to lots of heavy work done, but for some it is due to spinal disc which had slipped out and was touching the nerve roots of our spinal cord which cause the pain.

While some patients will need surgery, doctors have been developing less invasive methods to reduce painful disk pressure on adjacent nerve roots. One of the most advanced decompression techniques, Stryker Decompressed which scoops disk material through a needle, creating a space that draws the disk back to its normal alignment.

With either instrument, the procedure lasts less than an hour, and patients can go home with only a small bandage over the needle insertion site. The relief is instantaneous. However there are criteria that need to be achieved and only selective people are allowed to undergo this surgery.

Source: AsiaOne, The New Paper, dated March 12, 2009

## Corporate News



**HG Ginseng Capsules** - Best help to enhance immunity.

- 100% suitable for wellness
- Improve constipation
- Better lady skin condition
- Buy 2T standard value HealthGuard T18 get 2 Free bottles



**IT Acupunctur** - DIY Massager and Acupuncture. Traditional Chinese medicine attached on patch

- Low frequency high efficacy
- Allow 180 times per use
- Good for preventing bones problem
- Help soothing shoulder and muscles pain

## Events

**We will join the ICMCM 2009 @HKG**



ICMCM  
International Conference & Exhibition of the Modernization of Chinese Medicine & Health Products  
13-17 August 2009  
Hong Kong Convention and Exhibition Centre

## Join membership

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Country: \_\_\_\_\_  
 Gender: \_\_\_\_\_  
 Tel: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Birthday: \_\_\_\_\_  
 Occupation: \_\_\_\_\_  
 Got thyroid problem? \_\_\_\_\_

## Thank you



(In alphabetical order) To:  
Dr. Tan, Dr. Takami, Ms. Lo

Thank you for your support!

## Your Feedback

Note: After fill in member form and feedback, please fax to +65 6223 8621 or email us to qna@health-guard.net. Thank you very much.